

Always call 911 or go to the ER if you think you could put your health at serious risk by delaying care.

# Which is better for bumps, cuts and scrapes?

## Emergency room (ER) vs LiveHealth Online



**Emergency room**



When you have minor wounds or bruises, where should you go?



**LiveHealth Online**

**\$150**

Average cost<sup>1</sup> for common conditions

**\$50**



You pay:

- Any copay
- Any additional deductible or coinsurance that may apply



You save up to

**\$30**

**4 hours<sup>2</sup>**



Average visit time

**20 minutes<sup>3</sup>**



You save

**3.5 hours**

Enough time to go to the gym, take your dog to the park, and watch your favorite TV show



### Need to find care nearby?



**Online:** Go to [anthem.com](http://anthem.com) and choose **Find a doctor**. Follow the steps to search for a doctor or health care provider in your plan.



**By phone:** Call the Member Services number on your ID card for help finding providers in your plan.

<sup>1</sup> Refers to average health plan copays, not the cost for the condition listed. For many members, deductibles and coinsurance may apply.

<sup>2</sup> American College of Emergency Physicians website: *ER Wait Times, Crowding & Access Fact Sheet* (accessed December 2015): [newsroom.acep.org/index.php?s=20301&item=29937](http://newsroom.acep.org/index.php?s=20301&item=29937).

<sup>3</sup> Total includes 10 minutes of wait time. LiveHealth Online website: *How It Works* (accessed August 2016): [livehealthonline.com](http://livehealthonline.com).

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

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